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# ROOTS & WINGS 2026

EMPOWERING CHILDREN  
STRENGTHENING FAMILIES

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Roots & Wings International Ministries

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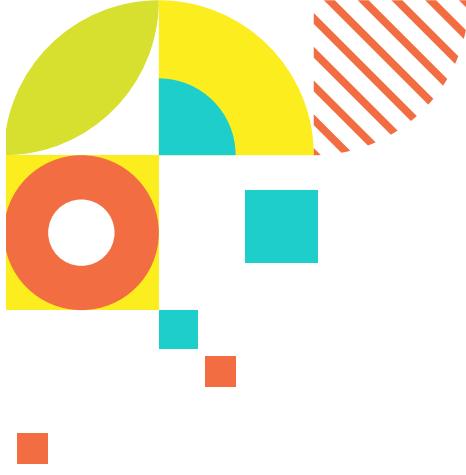




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# About Roots & Wings

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Roots & Wings is a Christian family-based care program. Our goal is to empower children and strengthen families. Our mission is to follow Jesus' example of serving the needy by helping children, their families and their communities attain physical and spiritual wholeness.

We support families by walking alongside them through the challenges of their daily lives. Our holistic approach to family support includes daycare and schooling for children while their parents are at work. This care emphasizes the physical, educational, social, emotional, and spiritual development of children. We also work closely with parents and caregivers, providing them with the skills and resources they need to heal and grow in these same five areas, empowering them to better care for their families. Throughout all of this, we maintain a focus on Christ, actively sharing the Gospel as we support each family.



# Is it possible to help without doing harm?

Frequently, in their efforts to support those in need, organizations create systems, programs, and initiatives that unintentionally foster an unhealthy dependency on the institution, reinforcing a victim mentality and creating a crutch for the very individuals they aimed to empower.

Our aim is to share the transformative message of Christ with the families we serve, while also providing practical assistance to meet their everyday needs. We are committed to doing this in a way that supports, rather than harms, the families—ensuring that we don't enable detrimental behaviors or make it harder for them to achieve long-term stability and independence.

## What is the problem?

Poverty, abandonment, neglect, drug addiction, domestic violence, sexual abuse, lack of education, weak social networks, and limited access to resources—these and many other challenges can fracture families, leaving children vulnerable and parents overwhelmed.

As a result you see families fracturing, teenage pregnancies, poverty orphans, and a cycle where children grow into adults who repeat the same negative patterns of their parents, only to have children of their own... and the cycle just continues.

## Broken Families Vulnerable Children



## What is our solution?

A comprehensive family care program that customizes its services to meet the unique needs of each family. By focusing on both parents and children, it equips them with the skills necessary to overcome the challenges they face.

Services include, but are not limited to:

- Childcare Services
- Education (Elementary, Middle school and High school for children and adults)
- Individual therapy for children and adults
- Family therapy
- Group therapy (on various topics)
- Job training courses
- Rehabilitation assistance
- Private Foster care
- And much more

To combat victimization and unhealthy dependency, adults will be required to meet specific, case-tailored requirements that evolve as the family becomes stronger. Both children and families are expected to demonstrate tangible progress each year. Improvement will not result in a family being removed from the program or penalized, but will instead lead to increased involvement and support. Conversely, a lack of progress, complacency, or refusal to work toward improvement may result in the family being released from the program to make room for another family on the waiting list.



# Roots & Wings in Review


Twelve years ago, we welcomed our first family into the program and joined the fight for families through orphan prevention and restoration.


Today, we look back with gratitude and forward with faith, celebrating 12 years of empowering children and strengthening families, and preparing for all that God will continue to do.


## 2025 TOTAL NUMBERS

86   
Children in the Program

45   
Families in the Program

66   
Children and Teens  
in R&W's Educational  
Program

5   
Adults voluntarily  
placed in a drug  
rehabilitation center

2   
Adults graduated  
from Highschool  
through R&W


## NUMBERS 2014 TO 2025

212   
Children Empowered

104   
Families Strengthened


38   
Adults in R&W's Adult  
Education Program

41   
Children who have gone  
through R&W's private  
Foster care program

36   
Adults voluntarily placed  
in a drug rehabilitation  
center

All Roots & Wings' services are long term, our intention is to walk alongside a family for multiple years helping them to achieve a long term stability that is not easily lost. In the case of the children it is our goal to see them through adulthood in an effort to break the negative cycles of poverty and abuse so that their future families and children will never need of a program like ours.

# Roots & Wings Current Numbers

79   
Children in the Program

31   
Roots & Wings Staff

4   
Volunteers

34   
Families in the Program

8   
Nuclear Families

10   
Single-Mom Families


5   
Grandparent Families

8   
Children in the care  
of extended family


8   
Blended Families

3   
Single-Father Families

2   
Children in R&W  
Foster Program

49   
Children/ Youth in  
R&W School

16   
Children in R&W  
Preschool Program

8   
Students in R&W Adult  
Education Program

6   
Children in Local  
Public Schools

10   
Weekly Group Therapy  
Sessions

77   
Weekly Individual Therapy  
Sessions

13   
Weekly Parent/Community  
Activities

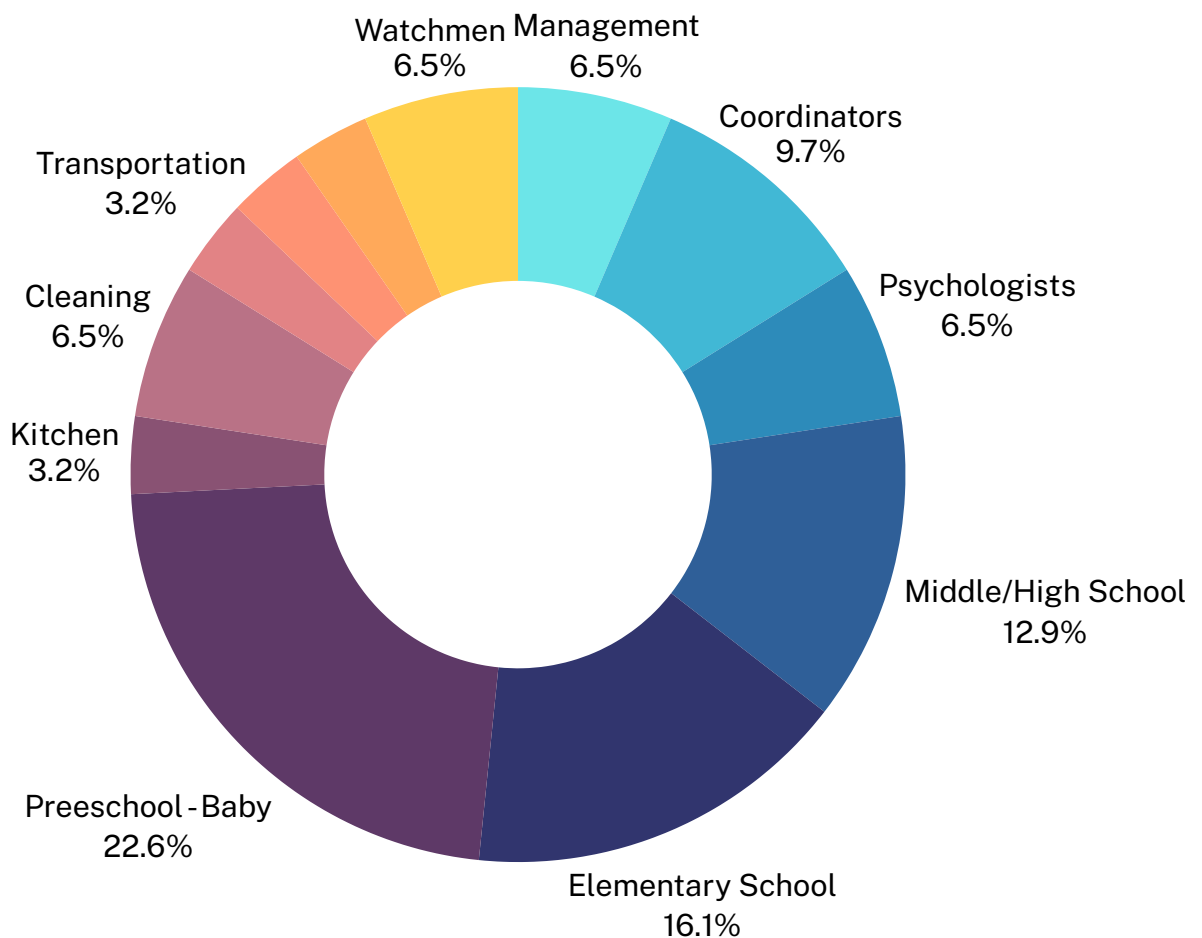
15   
Weekly Staff Meetings/  
Staff Training Sessions

40   
Weekly Kilos of Beans  
Consumed

- Sunday Church Service
- Church Volunteer's Training
- Discipleship Group (x5)
- Men's Group
- Women's Group
- Christian Families
- Celebrate Recovery
- Adult Education

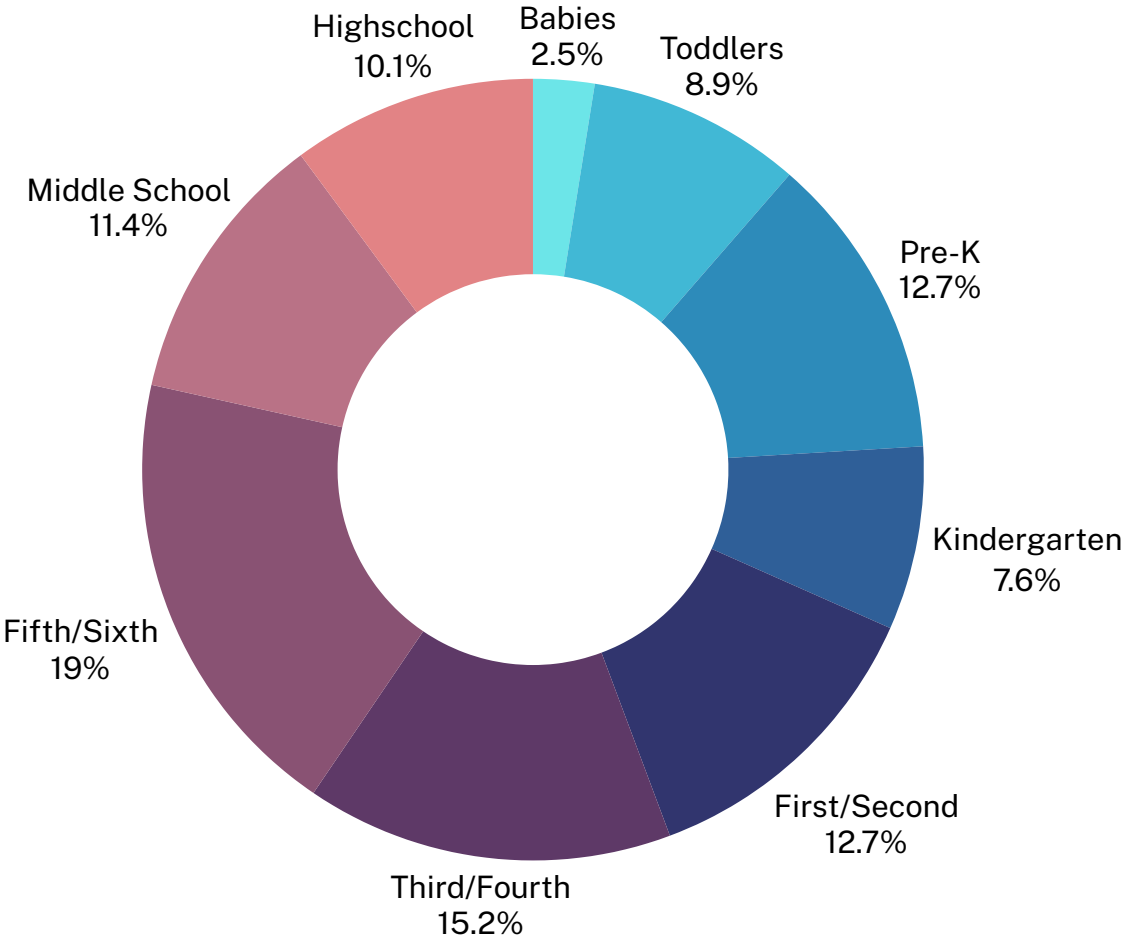
# Current Staff Breakdown

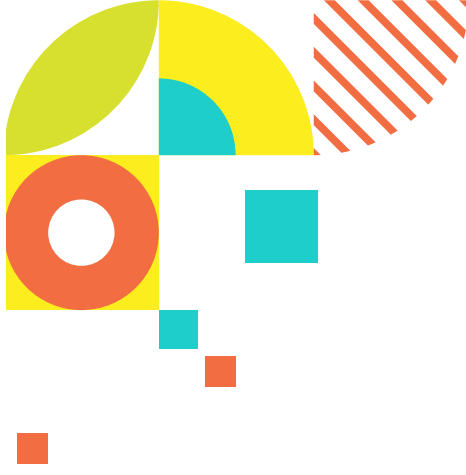
Position	QTY
Management	2
Coordinators	3
Psychologists	2(+2)
Teachers: Middle/High School	4
Teachers: Elementary	5
Teachers: Baby Room to Preschool	7
Kitchen	1(+1)
Cleaning	2
Transportation/ Maintenance	1
Accountant (Mexico)	1
Marketing	1
Watchmen	2
<b>TOTAL</b>	<b>31</b>



# Current Child Breakdown

Group	QTY
Baby Room	2
Toddler Room	7
Pre-K Class	10
Kindergarten Grade	6
First/Second Grade	10
Third/Fourth Grade	12
Fifth/Sixth School	15
Middle School	9
High School	8
<b>TOTAL</b>	<b>79</b>





# Needs & Dreams

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**Growing and Developing Our Team** - To sustain growth and strengthen leadership, we desire to train and develop new coordinators. However, we are committed to not rushing this process. To do this well, we need to expand our staff team so that new leaders can be trained without placing additional strain on existing staff or compromising program quality.

This approach prioritizes:

- Healthy leadership development
- Adequate mentorship and supervision
- Organizational stability during growth

**Facility Expansion** - As programs and participation continue to grow, our current facilities limit our ability to serve effectively. Our long-term dream includes:

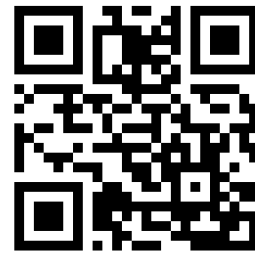
- Additional classrooms
- A larger multi-purpose space on the ground floor for church services, trainings, and large gatherings
- Dedicated space for administrative and counseling needs

Expanding our physical space would allow us to serve more families and improve current program services.

**These needs and dreams reflect not a desire to grow for growth's sake, but a commitment to steward well what God has entrusted to us—people, programs, and purpose.**

# How You Can Help

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The work happening at Roots & Wings is only possible because of faithful partners who believe in restoration, dignity, and hope. When you give, pray, or share our mission, you become part of the story God is writing in the lives of children and families in our program.

Here are a few ways you can partner with us:

## **Give Financially**

Your financial support allows us to provide education, trauma-informed care, counseling, and spiritual formation to children and families facing extreme vulnerability. Every gift—large or small—helps sustain daily operations and long-term healing.

## **Support a Specific Need**

Many donors find joy in giving toward a tangible need, such as:

- Classroom and educational materials
- Counseling and therapy materials
- Food and basic care expenses
- Staff training
- Drug rehabilitation and Second step services

## **Pray With Us**

Prayer remains at the heart of everything we do. We invite you to pray for the children, families, and staff—that God would continue to bring healing, protection, wisdom, and strength.

## **Share Our Mission**

By telling others about Roots & Wings—whether through conversation, social media, or your church community—you help extend our reach and invite others into this work of restoration.